



MEN'S DEVELOPMENT PROGRAM

Welcome to the Men's Development Program's upcoming season
Over the course of the 8-week program, all abilities will be covered, enabling golfers to lower their scores and enjoy the game more.

All equipment are provided during the 8 week program.

The Men's Development Program starts the week of **January 20th, 2025**
Pricing covers a full 8-week series of lessons!

Class	Start Date	Schedule	Duration	Cost	Cost +	Cost ++
BEGINNER	20 th January	Mondays 7:00pm to 8:00pm	1 Hour	AED 880	AED 1130	AED 1380
	21 st January	Tuesdays 7:00pm to 8:00pm	1 Hour	AED 880	AED 1130	AED 1380
	22 nd January	Wednesdays 7:00pm to 8:00pm	1 Hour	AED 880	AED 1130	AED 1380
	23 rd January	Thursdays 7:00pm to 8:00pm	1 Hour	AED 880	AED 1130	AED 1380
INTERMEDIATE	20 th January	Mondays 8:00pm to 9:00pm	1 Hour	AED 880	AED 1130	AED 1380
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	23 rd January	Thursdays 8:00pm to 9:00pm	1 Hour	AED 880	AED 1130	AED 1380
ADVANCED (4 People Max)	21 st January	Tuesdays 7:00pm to 8:00pm	1 Hour	AED 1100	AED 1350	AED 1600
	22 nd January	Wednesdays 7:00pm to 8:00pm	1 Hour	AED 1100	AED 1350	AED 1600

REFER A FRIEND



Register yourself and a friend for a group class and enjoy an exclusive bonus!

Receive a **complimentary 45-minute individual lesson**, valued at **AED 505**, to enhance your skills and take your learning experience to the next level.

Terms & Conditions Apply

Men's Beginner Program

Week 1: Introduction to golf – What's in the bag – Importance of the fundamentals (Grip and Set up)

Week 2: Swing Building – Takeaway and follow through (Connection and Body Rotation)

Week 3: Swing Building stage 2 (introducing wrist hinge), and how to aim towards targets

Week 4: Swing Building stage 3 (body turn and elevation)

Week 5: What is chipping, learning the skill and understanding when to use a certain club

Week 6: What is putting, learning the skill and it's fundamentals

Week 7: What is driving, learning the skill and fundamentals

Week 8: How to practice golf, full swing error correction and open Q&A

Men's Intermediate Program

Week 1: Full swing check – revisit the grip and body posture (C-posture / S posture)

Week 2: What the golf swings kinematic sequence and the importance of the correct pressure shift

Week 3: Golf Swing video analysis and how to get the most out of your practice sessions

Week 4: A must in putting: Controlling speed, learning to green read, performance challenges

Week 5: Chipping techniques and testing your creativity around the green

Week 6: Short course challenge, how good do you think your short game is?

Week 7: Changing your golf swings follow-through to control trajectory and adapt to various golf course scenarios

Week 8: Error correction and Q & A about what has been covered over the 8 week program

Mens Advanced Program

Week 1: Gapping/ Combine Test – developing a baseline to see where your game can improve most

Week 2: Golf Swing video analysis – learning how to spot faults and error correction

Week 3: TPI Mobility Screening – understanding how physical limitations may be affecting your swing

Week 4: Face and path control – learning to shape your shots and change the trajectory

Week 5: Wedge testing – Changing ball flight and manipulating spin rate

Week 6: Putting – Learning stroke mechanics dependant on your tendencies

Week 7: Increasing clubhead speed through correct kinematic sequencing and ground forces
- speed sticks

Week 8: Course management – Analysing your game through a statistical method

Introducing our enhanced Plus & Plus-Plus packages, offering a myriad of added benefits for your enjoyment and satisfaction!

BASIC

Learning Goals:

- Master fundamental techniques in the main aspects of the golf game

Motivational Factors:

- Engage in a social sport, connecting with peers and fostering new friendships
- Improve your abilities on the golf course and lower scores
- Learn to play golf in a proper manner

Benefits & Add-ons

- Skill Enhancement: Systematic improvement in all areas of the game
- Networking: Opportunities to connect with like-minded individuals.

Access to Bryson for:

- Personal Profile
- Class lists
- Lesson Plans & Topics
- Lesson recaps (PDF & Video Formats)
- Direct Coach Contact
- Invitations to special events
- Discount on additional lessons, pro-shop merchandise, golf balls & other services within the Golf Club

PLUS⁺

Learning Goals:

- Master fundamental techniques in the main aspects of the golf game.
- Understand how to practice correctly outside of the weekly lessons.

Motivational Factors:

- Engage in a social sport, connecting with peers and fostering new friendships.
- Improve their abilities on the golf course and lower scores.
- Learn to play golf in a proper manner.
- Creating a structured Practice Routine
- Understanding what Effective Practice is
- Wanting to have a way of Practice Tracking and Stats

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- Invitations to special events
- Discount on additional lessons, pro-shop merchandise, golf balls & other services within the Golf Club
- Structured practice plans on Bryson: Tailored plans with varied techniques for each week's topic
- Stat Tracking for practice Plans: Analysing practice statistics for performance measurement
- Analysis and feedback on practice Data: Professional feedback based on practice data for guided improvement
- One Complimentary Session on trackman Range to use the "Find my Distance" feature

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- One Complimentary Session on trackman Range to use the "Find my Distance" feature
- Game Stat Tracking
- Feedback on your game stats from a professional golf coach
- Tailored practice plans for individuals based on their in game stats and areas of weakness
- Initial video analysis of the golf swing within the first session. With feedback to work on the swing
- Final Video analysis of the swing and comparison to the original video analysis
- In my bag yardage review that includes recommendations in terms of what clubs you should have within the golf bag depending of yardages

Sign Up

Contact Us

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