



# LADIES DEVELOPMENT PROGRAM

Welcome to the Ladies Development Program's upcoming season  
Over the course of the **8-week program**, all abilities will be covered, enabling golfers to lower their scores and enjoy the game more.

**All equipment are provided during the 8 week program.**

The Ladies Development Program starts the week of **January 20th, 2025**  
**Pricing covers a full 8-week series of lessons!**

| Class        | Start Date               | Schedule                       | Duration         | Cost     | Cost +   | Cost ++  |
|--------------|--------------------------|--------------------------------|------------------|----------|----------|----------|
| BEGINNER     | 20 <sup>th</sup> January | Mondays<br>9:00am to 10:30am   | 1 Hour<br>30 Min | AED 1145 | AED 1395 | AED 1645 |
|              | 21 <sup>st</sup> January | Tuesdays<br>7:00pm to 8:00pm   | 1 Hour           | AED 880  | AED 1130 | AED 1380 |
|              | 23 <sup>rd</sup> January | Thursdays<br>8:00pm to 9:00pm  | 1 Hour           | AED 880  | AED 1130 | AED 1380 |
| INTERMEDIATE | 20 <sup>th</sup> January | Mondays<br>7:00pm to 8:00pm    | 1 Hour           | AED 880  | AED 1130 | AED 1380 |
|              | 21 <sup>st</sup> January | Tuesdays<br>6:00pm to 7:00pm   | 1 Hour           | AED 880  | AED 1130 | AED 1380 |
|              | 22 <sup>nd</sup> January | Wednesdays<br>6:00pm to 7:00pm | 1 Hour           | AED 880  | AED 1130 | AED 1380 |



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| ADVANCED     | 21 <sup>st</sup> January | Tuesdays<br>9:00am to 10:30am  | 1 Hour<br>30 Min | AED 1145 | AED 1395 | AED 1645 |
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## REFER A FRIEND



**Register yourself and a friend** for a group class and enjoy an exclusive bonus!

Receive a **complimentary 45-minute individual lesson**, valued at **AED 505**, to enhance your skills and take your learning experience to the next level.

Terms & Conditions Apply

## Ladies Beginner Program

**Week 1:** Introduction to golf and learning the importance of the fundamentals for the golf swing.

**Week 2:** Swing building (takeaway and follow through) and what a golf course looks like.

**Week 3:** What is Putting? Learning the skill and taking this skill to the golf course.

**Week 4:** Swing building stage 2 (introducing wrist hinge), aiming towards targets.

**Week 5:** What is Chipping, learning the skill and understanding when to use a specific golf club?

**Week 6:** How to practice golf, error correction for all skills learnt so far and open Q&A.

**Week 7:** Swing Building stage 3 (body turn and elevation) and understanding swing speed.

**Week 8:** How does mentality play a big part in golf performance, and can we complete a hole on the golf course

## Ladies Intermediate Program

**Week 1:** Checking your golf swing fundamentals and the importance of performance routines.

**Week 2:** What is the golf swings kinematic sequence, how to improve it and strike testing?

**Week 3:** A must in Putting; controlling speed, learning how to green read, performance challenges

**Week 4:** Golf Swing video analysis and how to get the most from your practice sessions.

**Week 5:** Chipping techniques and testing your creativity around the green.

**Week 6:** Short course challenge, how well do you think your short game is?

**Week 7:** Changing your golf swing's follow-through for different trajectories and golf course scenarios.

**Week 8:** Error correction from performance and an open Q&A about the course.

## Ladies Advanced Program

**Week 1-2:** Fundamental refinement, advanced swing drills, and techniques for power and control.

**Week 3:** Advanced Putting Mastery, including distance control and green reading.

**Week 4:** Specialty Shots—shaping shots, understanding fades and draws.

**Week 5:** Bunker Play and Recovery Shots—mastering various lies and challenging terrains.

**Week 6:** Mental Resilience—advanced strategies for focus, visualization, and mindfulness.

**Week 7:** Course Management—personalized plans, risk-reward scenarios, and playing to strengths.

**Week 8:** Competition Simulation—applying skills in simulated rounds with debriefing and analysis.

Introducing our enhanced Plus & Plus-Plus packages, offering a myriad of added benefits for your enjoyment and satisfaction!

# BASIC

## Learning Goals:

- Master fundamental techniques in the main aspects of the golf game

## Motivational Factors:

- Engage in a social sport, connecting with peers and fostering new friendships
- Improve your abilities on the golf course and lower scores
- Learn to play golf in a proper manner

## Benefits & Add-ons

- Skill Enhancement: Systematic improvement in all areas of the game
- Networking: Opportunities to connect with like-minded individuals.

## Access to Bryson for:

- Personal Profile
- Class lists
- Lesson Plans & Topics
- Lesson recaps (PDF & Video Formats)
- Direct Coach Contact
- Invitations to special events
- Discount on additional lessons, pro-shop merchandise, golf balls & other services within the Golf Club

# PLUS<sup>+</sup>

## Learning Goals:

- Master fundamental techniques in the main aspects of the golf game.
- Understand how to practice correctly outside of the weekly lessons.

## Motivational Factors:

- Engage in a social sport, connecting with peers and fostering new friendships.
- Improve their abilities on the golf course and lower scores.
- Learn to play golf in a proper manner.
- Creating a structured Practice Routine
- Understanding what Effective Practice is
- Wanting to have a way of Practice Tracking and Stats

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- Discount on additional lessons, pro-shop merchandise, golf balls & other services within the Golf Club
- Structured practice plans on Bryson: Tailored plans with varied techniques for each week's topic
- Stat Tracking for practice Plans: Analysing practice statistics for performance measurement
- Analysis and feedback on practice Data: Professional feedback based on practice data for guided improvement
- One Complimentary Session on trackman Range to use the "Find my Distance" feature

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- Analysis and feedback on practice Data: Professional feedback based on practice data for guided improvement
- One Complimentary Session on trackman Range to use the "Find my Distance" feature
- Game Stat Tracking
- Feedback on your game stats from a professional golf coach
- Tailored practice plans for individuals based on their in game stats and areas of weakness
- Initial video analysis of the golf swing within the first session. With feedback to work on the swing
- Final Video analysis of the swing and comparison to the original video analysis
- In my bag yardage review that includes recommendations in terms of what clubs you should have within the golf bag depending of yardages

Sign Up

Contact Us

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